

Community Dementia Support Offer Nantwich and Rural – Autumn 2021

Day	What	Where	When	Who to contact
Monday	Dementia Friendship Group – social group for loved ones and carers with organised speakers/craft and music activities – volunteer supported	Nantwich Museum Pillory Street Nantwich CW5 5BQ	Every 3 rd Monday of the month – 2pm – 3.30pm	Kate education@nantwichmuseum.org.uk
Tuesday	Circle of Friends – a friendship group open to all including those with memory challenges, their loved ones and carers. Experience fun and friendship in a relaxed and supportive environment. Food and refreshments provided. Supported by volunteers from Nantwich Elim Church	Regents Perk Café London Road, Nantwich, CW5 6LW	Every Tuesday 1.00pm – 3pm	David Nixon email: nixon.d@sky.com mobile: 07767 441405
Tuesday	Tues Lunch Club – run by ADCA	Audlem – currently based at Hankelow Methodist Chapel Hall, CW3 0JN	Every Tuesday 11am – 2.30pm	Initially please call/leave a message on 07984 785907
Thursday	Thursday Club – a social drop in with some optional activities and refreshments ran by trained experienced voluntary group	St Marys Hall Nantwich Town Centre	Every other Thursday from 10.30am – 12.30pm	thethursdayclubnantwich@gmail.com or call Dawn on 07488 285861 or Lynn on 07580 097468 next session 14 th October 2021
Friday	Friday Coffee Morning – run by ADCA	Audlem – Public Hall Annexe, Cheshire St, Audlem, CW3 0AH	Every Friday 10.00 – midday	Initially please call/leave a message on 07984 785907

Coming Soon

	Dementia Information drop in – with EOLP Dementia professional for carers	Richmond Villages Willaston, 261 Crewe Road, Willaston, Nantwich, CW5 6GX	Once a month – Coming Soon	Deb Cartlidge on deborah.cartlidge@eolp.org.uk
	Dementia café – with use of sensory room, gardens, some fun physical guided exercises	The Wingate Center Wrenbury Hall Dr, Wrenbury, Nantwich CW5 8ES	Coming Soon	

Other useful information

From Alzheimers Society

- Use our Dementia Connect online support tool to find dementia information and support– this is a directory of local services and groups which may be useful for you. You just put in your post code and it will show you local groups and services, including those that are not funded by Alzheimer’s Society.
- Visit our website for the most up to date information and advice
- Join our online community Talking Point where people affected by dementia can receive valuable support from people in a similar position
- Our website contains a wide range of publications that is designed to support and inform anyone that is affected by dementia and it is free.
- We also have printable, simple versions of our most popular information on dementia, called Helpsheets. They are one single page long, and each one covers a single topic.
- Call our Dementia Connect support line – open 7 days a week on **0333 150 3456** to speak directly to one of our dementia advisers– this can be the beginning of someone’s dementia journey and people can then be connected with support in their local area. The lines sometimes can be busy so please do keep trying, or leave a voicemail and someone will definitely get back to you. You can also write to them at dementia.connect@alzheimers.org.uk or email: cheshire@alzheimers.org.uk

We have some information on our website in relation to Coronavirus, please take a look at this link - **Information for people affected by Dementia:** <https://www.alzheimers.org.uk/get-support/coronavirus-covid-19>

OFFICIAL

Dementia Connect Support Line opening hours:

Monday to Wednesday 9am – 8pm

Thursday and Friday 9am – 5pm

Saturday and Sunday 10am – 4pm

Free Resources

Music for Dementia and free app at



https://m4dradio.com/?gclid=EAlaIQobChMIxJed9r2U8wIVgsLtCh1rKAqlEAAAYASAAEgKWs_D_BwE

<https://m4dradio.com/about-us/>

We are m4d Radio. A group of 5 themed radio stations available 24 hours a day, 365 days a year playing music that evokes memories. Choose your era below, listen and enjoy...